

OISHII OCTOBER!!

Change the World with Onigiri

Okonomiyaki! Onigiri! Oinarisan!



Join us for a fun-filled and educational evening to make delicious (oishii) popular Japanese foods: rice balls (onigiri), savory pancake (okonomiyaki) and rice stuffed fried tofu skin pockets (oinarisan) while helping to provide healthy school meals to children in need.

This event is appropriate for all ages.

Admission: \$10.00 for Adult | \$5.00 for Children

Includes refreshments, activities and donation to TABLE FOR TWO's Change the World with Onigiri campaign.

<http://jp.tablefor2.org/campaign/onigiri/en/>

WHEN: Friday October 28th at 6:00-8:30PM

**WHERE: Boston University Metropolitan College Campus
808 Commonwealth Avenue, Boston, Massachusetts
Demonstration Room #117**

Directions: <http://www.bu.edu/foodandwine/contact/directions/>

REGISTER FOR THIS EVENT. SPACE IS LIMITED.

dgsamuels@gmail.com

T TABLE FOR TWO

"Change the World with Onigiri" is hosted by TABLE FOR TWO, a 501(c)(3) non-profit organization with roots in Japan dedicated to the promotion of healthy eating worldwide. By participating in this event, you can help to provide school meals to children in need in East Africa and low-income communities in the U.S.

*Halloween
Bento
Demo*

Ramune